

S a i n t A g n e s



St. Agnes is an inclusive Catholic community dedicated to the love of God and service to others. We rejoice in the Gospel, the celebration of the Liturgy, and the Sacraments. We welcome the opportunity to share God's message and to bring all into the life of Christ.

Pastoral Contacts

Pastor: Rev. Andrew M. Switzer
Pastor Emeritus: Rev. T. Mathew Rowgh
Coordinator of Faith Formation: Bill Donahue
Assistant Administrator: Beth Yates
Accounting: Lizzie Lowe
Liturgy: Helen Harris
Music Ministry: Elaine Rendler-McQueeney

Pastoral Council

Connie Bonner ~ Carmela Cesare ~ Peg Eackles
Christine Wiegman-Green ~ Patrick Green ~ Shaná Harris
Colin Hayden ~ Richard Hitchcock ~ Amie Ho-Leung
Kathryn McAteer ~ Bill Sagle ~ Gil Sateia ~ Becky Tokarcik

Finance Council

Pat Barth ~ Mike Drewes ~ Todd Hershey
Sue Kemnitzer ~ David Matera ~ Arnold Thomas

St. Agnes Church

200 South Duke Street, Shepherdstown

St. Agnes Parish Office

106 South Duke Street, Shepherdstown
P.O. Box 1603, Shepherdstown, WV 25443
Telephone 304-876-6436
Office@StAgnesShepherdstown.org
www.StAgnesShepherdstown.org

St. Agnes Chapel

204 South Church Street, Shepherdstown

Sunday Readings

Isaiah 49:3, 5-6
Psalm 40:1+3a, 6, 7-8, 9
1 Corinthians 1:1-3
John 1:29-34

Weekly Schedule

Sunday Mass

Saturday, 5:30pm

Sunday, 8am

Sunday, 10:30am

Weekday Mass

Monday and Wednesday at 11am

Church Open for Prayer

10am-3:30pm, Monday-Saturday

(except holidays)

Bishop Brennan has lifted the request that everyone mask. However, we still encourage masking for love of neighbor.

Parish Office: Monday–Friday, 9am–4pm

Cash Card Sales: Weekdays during office hours
(please call first)

In your kindness, please pray for Rose Smith (mother of Beth Healey), Jan Jankowski (cousin of Frank Bielicki), and Cynthia Householder Peck (niece of Frank Bielicki) who recently died. May Rose, Jan, and Cynthia share in the fulness of God's love and peace.

Remember in Prayer

Please pray daily for those serving in the Military, our veterans in recovery, and those recently ill especially Amanda Patterson (daughter of Roger & Cindy Webster), Anneke Sengers, Roland Bergman, Dorrene Hale, and Richard Hitchcock. Names are placed in the bulletin for approximately one month and then those names are placed on the 2nd Friday prayer list and are remembered in prayer each month.

CDA National Education Contest

The Catholic Daughters of the Americas are sponsoring a contest for grade 4 through adult. Topics include: essay, poetry, art, computer art, music, and photography. Forms and additional information can be found in the Narthex and parish center or on their website: catholicdaughters.org. The deadline for submissions is January 31, 2023.

Catholic Daughters of the Americas National Scholarship

The National Catholic Daughters of the Americas is giving a \$1000 scholarship to an 8th grader entering 9th grade in a Catholic High School. Scholarship applications can be found in the Church Narthex as well as the Parish Center. Entries must be postmarked by April 1, 2023.

Photographs

We have 3 framed photographs that have not been picked up that were displayed around the font in November. They are in front of the St Agnes mosaic!

Attention ALL Virtus Trained Individuals

Please take a few minutes over the next week to log into your VIRTUS account and update it. Since the entire process is online now, we need everyone to log into their account and update their information.

If you have difficulties logging into your account, please contact the Parish Office at 304-876-6436, and we will help you log in to access your account.

Family Movie Night

Encanto

Please join us for our second Family Movie Night on Friday, January 20 at 6:45 PM in the Parish Center. We will have snacks to share including Shepherdstown's Famous Mountaineer Popcorn! Come, join the fun. Everyone is welcome.

Knights of Columbus Chili Bowl

The Knights of Columbus are sponsoring a Chili Bowl on February 12th. We are looking for chili cooks to compete for prizes to see who can make the best pot of red. The tasting will be after 10:30 Mass, so that people can make it home for that other bowl game. The Knights will be selling raffle tickets for the funding of Seminarians at the event. If you are interested in cooking, please contact Arnold Thomas, 304-620-3455 or Arniet151@gmail.com. All are invited to the tasting.

Ministry Training & Opportunities January 21, 2023

There will be updated trainings at the church for Bread/Cup Ministers (Extra Ordinary Ministers of Holy Communion) 10:00am to 11:30am and for the Ministry of Hospitality 12:00 noon to 1:30pm. A copy of the duties for these ministries will be provided. I am also asking for your input and/or suggestions to help you with your ministry so we can better serve the people of God.

Other ministries will be scheduled in the very near future. If there are any questions, please email me at liturgy@stagnesshepherdstown.org or call 304.261.0196.

God bless, Helen Harris

Coffee Anyone?

We would like to bring back the after-Mass coffee service this month. We need people at all three Masses (especially at 8am & 10:30am) who would be responsible for setting up, making coffee, bringing (homemade or store-purchased) baked goods, then cleaning up afterwards. We will be happy to show you how to do everything we do. You wouldn't have to do it every week and the more people we have, the less frequently everyone will have to be on the schedule. If you would like to join us or if you have any questions, please send an email to cvpierpont@comcast.net.

Dear Parishioners,

I wrote this poem that reminds me of the Eucharist. The image of the cup, even though I know we unfortunately due to covid have not got it back yet, is an important symbol and sign of our faith in the true presence of Eucharist. We carry this mystery, or hold it on our journey, that has both death and resurrection, which we call the Paschal mystery.

This image might be helpful also for those throughout the holidays dealing with grief and life difficulties, to be honest, that they can be bitter sweet. May we support one another; celebrating together the joys and sharing the struggles is what Eucharist is all about.

Carrying both the joy
And pain the task is
To hold things together

Ever notice how a light
Reflects a shadow

The beauty is held
Together

The Joy of a child playing
The pain of a grieving mother
Is to be held together

As you hold the cup of life
Notice inside it contains
The joy and sorrow
Together

As you place this cup upon
Your lips

As you take a sip
It's best the bitter and sweet you taste together

As you drink the cup of life
The beauty is in holding things together

Fr. Andy

Haiti Coffee

There is fresh whole bean and ground coffee from Haiti available at the Parish Center. We received a letter from Just Haiti coffee in November. Here is an excerpt from the letter:

"Haiti seems to be filled with unending, unsolvable problems. They are currently suffering from rampant political instability and massive gang violence. But the growers continue to work to harvest their trees and recently sent us 10,000 pounds of coffee. Now they are counting on us to sell this coffee. Just Haiti--and you and your Churches--are part of the solution of addressing poverty, violence, and injustice in Haiti. Our impact improves the lives of the growers and extends beyond the coffee farms to decrease poverty and increase food security for the whole community. We cannot accomplish this without you."

The letter goes on to thank us. So why not enjoy a delicious cup of Haitian coffee and support these hard working farmers!

A Plea for Help for a Ukrainian Family

Hi Martinsburg-area volunteers and donors,
Happy 2023!

I am looking for a volunteer in the Martinsburg-area who would be willing to assist a newly-arrived Ukrainian mother and teenage daughter with transportation to appointments and act as a general connection to the Martinsburg community. Please reach out to me if you are interested in connecting with them.

A second big ask – this family has an important appointment in Charleston, WV (about 4.5 hours away) on January 17, 2023 at 3:00 PM. We are struggling finding transportation options for them. If you would be willing to take them to/from this appointment, or you know of a service that could help, please let me know! Or, if you would be willing to donate money to help them pay for gas for somebody else to drive them, that would also be a huge help.

I look forward to hearing from you!

Thanks,

Renée Corbett

Refugee Outreach Worker

Refugee Resettlement & Immigration Services

Catholic Charities West Virginia

20 Scott Avenue, Suite 302

Morgantown, WV 26508

Office: 304.343.1036

Email: rcorbett@ccwva.org

Website: ccwva.org

Rite of Christian Initiation of Adults

RCIA (Rite of Christian Initiation of Adult) is for those who are interested in learning about the Catholic faith and discerning if they might want to be professed members of the Catholic faith. The goal is to see where the process takes you. Father Andy is leading our RCIA process. If you are interested in learning more or joining the group, please call the office at 304-876-6436. All are welcome!

Homebound Ministry

If there are parishioners who have needs (groceries, rides to doctors or pharmacies, etc,) our **HOMEBOUND MINISTRY** is willing to help. Please call Claire Williamson (304-876-1357), or Judy Lilga (301-432-2276).

Scripture Sharing

Our Scripture Sharing group continues to meet on Mondays at noon, with the exception of holidays. All are welcome! The Zoom link can be found on the website events calendar.

Book Discussion Group January-July, 2023 Selections

We decided to alternate easy and challenging “reads” for the upcoming months. Please join us for any or all of the discussions. We meet the 3rd Friday of each month at 11 am in the Parish Center.

1-20-23 STRANGE GODS: A Novel About Faith, Murder, Sin and Redemption by Daly, Peter J., Myslinski, John F.

2-17-23 LIGHT OF ASSISI: THE STORY OF ST. CLARE by Margaret Carney, OSF.

3-17-23 FORGIVE EVERYONE EVERYTHING by Greg Boyle and Fabian Debora.

4-21-23 CREATION AND THE CROSS: The Mercy of God for a Planet in Peril by Elizabeth Johnson

5-19-23 OUT OF THE DEPTHS: The Story of Ludmila Javorova by Miriam Therese Winter

6-16-23 A WORLD TRANSFIGURED: The Mystical Journey by Philip Shildrake

7-21-23 THE STRANGER IN THE LIFEBOAT by Mitch Album

We have several extra copies of the Fr. Peter Daly book for sale (\$10.50) at the parish office. Please call 304/876-6436 to reserve a copy.

Our Policy for Protecting Our Children

Please know that we follow the Diocesan Safe Environment Program in all our youth programs. All staff and volunteers who work with youth are required to complete the Diocese of Wheeling Charleston's Safe Environment program. **All** adult parishioners are **encouraged** to complete the program to increase awareness and provide a safe environment for the children of our parish and greater community. The process is completely online now.

Safe Environment Certification includes:

1. Virtus workshop — Complete online training at www.virtusonline.org. Step-by-step instructions are available.
2. Background Check — Completing Screening One form
3. Diocesan Policy — Reading the Diocesan Policy Relating to Sexual Abuse of Children & completing the DWC Policy form

All of the above steps are now completed online. If you do not have access for this online procedure, please contact St. Agnes Parish Office at 304-876-6436.

If you already have a VIRTUS account, log into your account and complete any required updates. If you are new to VIRTUS, select the green box “First-time Registrant” and follow the prompts to create an account and to complete the required training and paperwork.

If you have any questions or for additional information, please contact our Safe Environment Coordinator at 304-876-6436 or formation@stagnesshepherdstown.org.

National Catholic Schools Week

National Catholic Schools Week is held for seven days, starting from the last Sunday in January. Aside from its promotion of education, it's also a great opportunity to recognize the value, principles, and contributions that the Catholic schools have relayed to the Church and every citizen for decades. Showcasing what makes Catholic schools the best for every parent, family, and child is the priority for conducting Catholic Schools Week.

What usually happens during National Catholic Schools Week is the observance of catholic masses, assemblies, open houses, seminars, and many other activities for every family, parishioner, and community member. The quality and distinction of Catholic schools can be seen through these, especially for the young, those who will attend and enter school. The theme and logo for National Catholic Schools Week for the year 2022 is “Catholic Schools: Faith, Excellence, Service.”

The first Catholic school that opened in the United States was called St. Mary's School in Philadelphia, in 1783. After some time, the enthusiasm and curiosity for Catholic education grew and the nation noticed a massive inflow of Catholics from all over the world. By the 1920s, more than 6,000 Catholic elementary schools accepted and enrolled almost two million students and employed 42,000 teachers. By the latter half of that century, enrollment grew, even more, reaching double the number of students. Ever since Catholic schools have been widely perceived and established as a viable means of education.

You can check the websites of our local Catholic Schools to see their schedules of activities to mark the week.

JCCM Food Pantry Current Needs

Spaghetti Sauce
Canned fruit
Canned meat (vienna sausage, spam, chicken, tuna)
Canned beans
Canned vegetables (not green beans/corn)
Soups (hearty and condensed)
Canned chili
Rice (small bags)
Instant mashed potatoes
Jelly and peanut butter
Syrup
Instant oatmeal
Crackers
Boxed Pancake Mix
Cooking oil
Deodorant
Shampoo/Conditioner
Paper towels
Toilet paper
Dish Soap
Laundry Detergent

Family News

There is NO CFF on January 15th for the MLK Holiday.

Our **Second Family Movie Night** will be Friday, Jan 20 at 6:45 in the Parish Center. Come enjoy **"Encanto"**, snacks and some of Shepherdstown's Famous Mountaineer Popcorn! Kids, feel free to bring sleeping bags and pillows for comfort. Movie night will be over before 9 PM.

First Reconciliation Parents Meetings will be Jan 22 and Jan. 29 at 9:15. First Reconciliation will be Feb. 25th at 4 PM. Please mark your calendars.

Other things to look for: Youth Centered Mass (Jan. 29) Kid Movie Night (Feb. 10) Hungry Meal Prep (Jan. 22)

Please keep watching this section, the St. Agnes Website, as well as the CFF/ Youth page for continuing announcements regarding Faith Formation and youth activities.

If you are a parent and not receiving CFF announcements and emails, please contact the Parish Center at 304-876-6436 or Bill Donahue at formation@stagnesshepherdstown.org.

DATES TO REMEMBER

- **Jan. 15:** NO CFF (Holiday)
- **Jan. 20:** Movie Night (6:45 PM) Parish Center
- **Jan. 22:** CFF 9:15 AM– 10:15—K-8 Class & Pre Confirmation. First Reconciliation Parent Meeting (9:15 AM);
11:35– 12:35 Youth Group & Hungry Meal Prep.
- **Jan. 29:** 9:15 AM First Reconciliation Class and 2nd Parent Meeting of First Reconciliation Students. There is NO CFF for the other children this weekend.
- **Jan. 29:** Youth Centered Mass—5 PM
- **Feb. 5:** 9:15 AM First Reconciliation Class and 3rd Parent Meeting of First Reconciliation Students. Youth Group Planning Mtg.



THE YOUTH CORNER

This Week's Gospel:

John 1: 29-34

2nd Sunday of Ordinary Time

E	N	S	O	H	C	V	A	E	H
N	L	A	M	D	B	E	N	L	E
B	E	S	O	S	M	A	L	O	N
S	A	V	P	Y	A	S	T	E	O
S	R	P	A	I	L	R	S	I	N
E	S	A	T	E	R	O	S	L	W
N	I	B	I	I	H	I	H	A	E
T	L	T	S	C	S	O	T	R	I
I	I	N	E	I	Y	E	V	O	D
W	E	S	N	L	R	A	T	A	W

LAMB
SIN
ISRAEL
WATER
SPIRIT
HEAVEN
DOVE
BAPTISE
HOLY
WITNESS
CHOSEN
ONE



Feasts of the Season

The months of January and February include several very important Church feasts. Discover what each one is called and write its name after the date. Choose from the feasts named in the box.

Our Lady of Lourdes	Baptism of the Lord
Conversion of Saint Paul	Chair of Saint Peter
Presentation of the Lord	

Last day of the Christmas season:

On this day, we celebrate Jesus' baptism in the River Jordan by his cousin, John the Baptist.

January 25:

On this day, we celebrate the fact that a man who hated and persecuted Christians saw the light and became one of them. He went on to become the most important missionary the Church has known.

February 2:

We celebrate Jesus' first entrance into the Jerusalem Temple. Still an infant, Jesus, the Light of the World, was carried into the Temple and dedicated to the Lord.

February 11:

In 1858, the Blessed Mother appeared to Bernadette Soubirous in a small town in France. The Blessed Mother directed Bernadette to a spring whose waters have miraculous healing powers.

February 22:

This feast honors the teaching authority the first Pope received from Jesus, which has been passed on to all his successors.

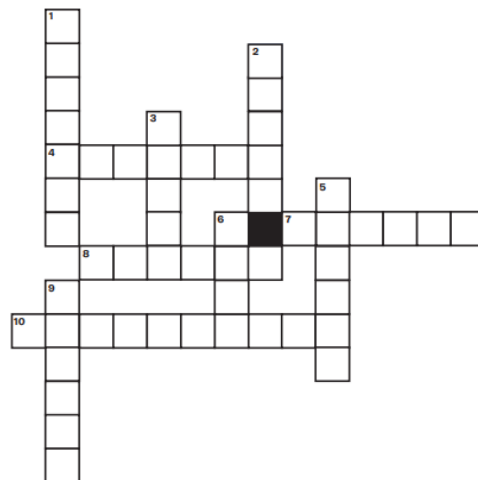


Baptism Crossword

The last day of Christmas Time is the Feast of the Baptism of the Lord. Complete this crossword to discover how much you know about the Sacrament of Baptism.

Choose your answers from these words:

BAPTIST
CHRIST
CHURCH
COUSIN
FIRST
GODPARENTS
INFANTS
JORDAN
NAME
WATER



Across

- Most of us are baptized when we are _____.
- Baptism makes us members of the _____.
- Jesus was baptized in the _____ River.
- The people who promise at our Baptism to help us live the Christian life are our _____.

Down

- John the _____ baptized Jesus.
- Baptism is the _____ of the sacraments.
- Its primary sign is _____.
- The white garment shows we have put on _____.
- The priest or deacon says, "I baptize you in the _____ of the Father, and of the Son, and of the Holy Spirit."
- John the Baptist was Jesus' _____.



Behold the Lamb of GOD who takes away the sin of the

World



kidadl

		1			7	2		8
8	5					1		
	7				1		9	4
	9			6		4		
3				4				
	8							7
2								5
		4	2	1			3	
			4			8		2

9			7	8				
			9			2	5	6
	9				1	4		
	1			3	7			2
						6		
6		7						
								3
	8		1		3		9	

The Sacrament of Baptism

On the last day of Christmas Time, we celebrate the Feast of the Baptism of the Lord. Jesus was baptized in the River Jordan by his cousin, John the Baptist. Baptism is the first sacrament you received. Find out what happened at your Baptism and then fill in the "My Baptism" section on this page.



My Baptism

I was given the name _____

I was baptized by _____

I was baptized at _____

in the city of _____

The date I was baptized _____

My godparents are _____

and _____

I was baptized in the name of the _____

and of the _____, and of the _____

Baptism made me a child of _____ and a member

of Jesus' family, the _____

These people came to my Baptism:



The Gospel at Home

This Week's Gospel: John 1:29-34

In this Sunday's Gospel, John the Baptist announces the beginning of Jesus' ministry. John gives us a picture of who Jesus is and what he has come to do. The lamb, the animal that symbolizes the Israelite's liberation from Egypt, shows that Jesus' mission is to give his life for us. The Gospels show us that Jesus is filled with the Holy Spirit of God from the beginning of his ministry. This week, your family will learn to recognize the Spirit of God in your family life and in the life of the Church.

Exploring the Gospel Message

Seeds (Preschool): Your child has learned that the five senses are great gifts for experiencing God's creation. Talk with your child about the ways we learn about creation through sight, sound, touch, smell, and taste. We learn about the world in the same way Jesus did when he was on Earth.

Promise (Grades K-1): In this week's lesson, John the Baptist tells your child that Jesus is the Son of God. Jesus' spirit is the Holy Spirit. The Holy Spirit is with you and your child. Discuss ways your child can share the Holy Spirit with others.

Good News (Grades 2-3): Your child learned this week that Jesus is full of the Holy Spirit of God. Ask your child to tell you all how John the Baptist recognized Jesus. Talk about how the Holy Spirit helps your family to be good and faithful Church members. Ask how others can know your child's class has the Holy Spirit, and whether your child's actions show how the Spirit works in him or her.

Venture (Grades 4-6): The class explored how they feel the presence of God. In the Gospel about John the Baptist he talks about what happened when he baptized Jesus. Ask your young person what John saw. As a family, talk about each of the Seven Sacraments. Invite your youngster to recite which sacraments are the Sacraments of Initiation, the Sacraments of Healing, and the Sacraments of Service.

Visions (Grades 7-9): This week's lesson focused the class's attention on the seven principles of Catholic social teaching. Your youngster began by exploring people's needs, especially those who live in poverty. Invite your son or daughter to share with the family some of the principles he or she has learned. As a family, talk about how aware you are of the social Gospel of the Church. Share ways in which you and your family can be more aware of how your actions reflect the Gospel commitment to justice, solidarity, and peace.

Pray Together

Try to join in a morning prayer or an evening prayer together each day for a week. The prayer does not have to be formal or structured, and it certainly does not need to be long. During the prayer, invite the Holy Spirit into your family and ask the Holy Spirit to help you be faithful members of the Church. At the end of the prayer, let every family member mark each other on the forehead with the Sign of the Cross.

LEVEL 1

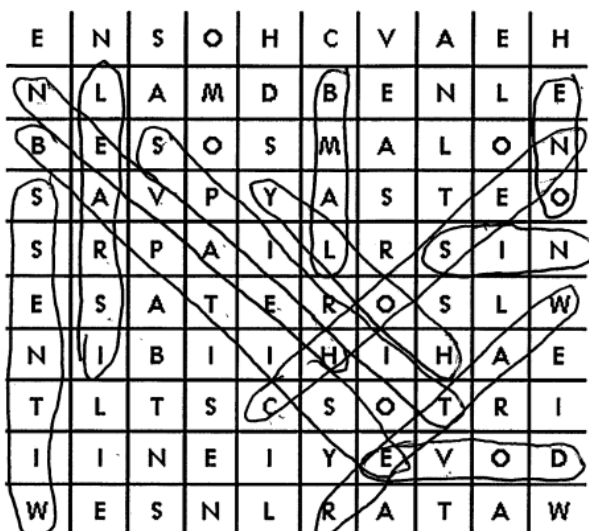
9	4	1	6	3	7	2	5	8
8	5	3	9	2	4	1	7	6
6	7	2	5	8	1	3	9	4
1	9	5	7	6	2	4	8	3
3	2	7	8	4	5	9	6	1
4	8	6	1	9	3	5	2	7
2	1	8	3	7	9	6	4	5
5	6	4	2	1	8	7	3	9
7	3	9	4	5	6	8	1	2

LEVEL 3

9	6	2	5	7	8	3	4	1
4	5	1	3	2	6	8	7	9
3	7	8	9	1	4	2	5	6
8	9	6	2	5	1	4	3	7
5	1	4	6	3	7	9	8	2
7	2	3	8	4	9	6	1	5
6	3	7	4	9	5	1	2	8
1	4	9	7	8	2	5	6	3
2	8	5	1	6	3	7	9	4

Copyright © Pfaffum Publishing Group, a division of Bayard, Inc.

Scan here for
parent resources
at www.gospelweeklies.com/family



S
O
L
U
T
I
O
N
S

Feasts of the Season

Last day of the Christmas season— Baptism of the Lord

January 25— Conversion of Saint Paul

February 2— Presentation of the Lord

Baptism Crossword

Across: 4-infants; 7-Church; 8-Jordan; 10-godparents

Down: 1-Baptist; 2-first; 3-water; 5-Christ;

Join in Renewing, Renaming and Reinvigorating St Agnes' Commitment to Service

**Please join us at the Church right after the 10:30 Mass
on January 29, 2023**

- if you have been or are involved in one of our parish outreach activities,
- or want to be,
- or have questions about any of the ministries,
- or have an interest in starting a new ministry.

We need you! We need folks with new energy, new ideas, new interests. We need folks to serve on the coordinating committee and folks to reinvigorate the individual ministries. What would you like to do?

Let's start the new year with a new commitment to justice, peace and human development.

The US Conference of Catholic Bishops refers to its efforts as Justice, Peace and Human Development. The Diocese of Wheeling-Charleston just reopened its Justice and Peace Office. To be in tandem with these efforts we are thinking of renaming ourselves either the Justice, Peace and Human Development Committee (JPHD) or the Justice and Peace (J&P) Committee. Please give this some thought.

Catholic Charities Pantry

As they strive to provide for those in need in our community, Catholic Charities needs to keep their pantry stocked. Donations of the following items for their pantry or a donation of funds to purchase items are always welcome and very much appreciated (all items are purchased from donated funds and are used solely for those in need):

Bleach Tablets (WalMart)
Laundry Detergent (Pods)
13 Gallon Trash Bags
Dishwashing Soap
Soap (mild brands – no Zest or Irish Spring)
Shampoo (3 in 1 is preferred - shampoo, conditioner, body wash) If not, individual items will do.
Conditioner
Deodorant (men and women)
Razors (men and women)
Toothpaste
Shaving Lotion
Toilet Paper
Cleaning Supplies (Pine Sol, Fabalouso or other liquid cleaner)

Items can be dropped off at the Catholic Charities office at 224 South Queen Street, Monday through Friday from 9:30 AM to 3:30 PM. Donations can be mailed to Catholic Charities, Attention: Laura Brigantic, 224 South Queen Street, Martinsburg, WV 25401.

St Agnes Racial Justice Initiative News

Most Americans do not know how the term "white" came to be used to denote a distinct racial group. Prior to the 1600's, people were generally labeled by their place/country of origin, as English, French, Dutch etc. - no matter their economic status.

When the first enslaved Africans arrived in 1619 in the Virginia Colony, there arose an issue of who could or could not be enslaved for life. Over the course of time, with many indentured, unpaid servants from European backgrounds working alongside unpaid, enslaved Africans, colonial laws began granting greater privileges to those of European descent who were fused into a new identity and called "white." Your appearance, your skin color, determined your basic status in society. It was intended by the then "powers that be" as a tool to control the numerous members of the underclass by giving those readily recognized as "white" a leg up, thus driving a wedge between lower class members, who otherwise might be united by shared interests in opposition to them. Whites could not be enslaved for life, could be "free" and maybe have a shot at societal advancement, while Blacks could be enslaved for life, not free, mere property of their masters with no realistic hope of ever ascending beyond their place. No matter their economic status, whites would now have someone to look down upon, have an automatic higher status than blacks, and more likely identify with other whites even if it went against their own interests. History has proven how well the plan worked.

The "white race" was born in America. The caste system based on White vs. Black that resulted, that still haunts us today, is of America's own making. We have much to answer for, but also the distinct possible role to do justice and make it right.

Shepherdstown Shares

Shepherdstown Shares is moving into its third year thanks to the support of the Shepherdstown community. Their mission statement: to respond to the crises in the lives and needs of the people of our community. They are feeding more people than ever, and are falling short by nearly \$200 a week. Shepherdstown Shares is a 501(c)(3) organization, so any donation is tax-deductible. If you would like to make a one-time donation or set up routine donations, please check out their website shepherdstownshares.org. Or mail your check to PO Box 1780, Shepherdstown, WV 25443.

Ugly Sleeping Bag Ministry

We are always in need of donated **blankets**, and **comforters** (any size) and also used **sleeping bags**. Items should be clean and in fair condition and can be dropped off at the parish center.

Martin Luther King, Jr.: January 15, 1929-April 4, 1968



As our country honors the life of the Reverend Martin Luther King, Jr., we share here some of Dr. King's memorable and inspiring quotes that are as pertinent today as they were when he spoke them:

"Take the first step in faith. You don't have to see the whole staircase, just take the first step."

"Returning hate for hate multiplies hate, adding deeper darkness to a night already devoid of stars. Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. Hate multiplies hate, violence multiplies violence, and toughness multiplies toughness in a descending spiral of destruction."

"We will remember not the words of our enemies, but the silence of our friends."

"People fail to get along because they fear each other; they fear each other because they don't know each other; they don't know each other because they have not communicated with each other."

"Human progress is neither automatic nor inevitable... Every step toward the goal of justice requires sacrifice, suffering, and struggle; the tireless exertions and passionate concern of dedicated individuals."

"He who passively accepts evil is as much involved in it as he who helps to perpetrate it. He who accepts evil without protesting against it is really cooperating with it."

"The soft-minded man always fears change. He feels security in the status quo, and he has an almost morbid fear of the new. For him, the greatest pain is the pain of a new idea."

"Never forget that everything Hitler did in Germany was legal."

"Of all the forms of inequality, injustice in health care is the most shocking and inhumane."

"All progress is precarious, and the solution of one problem brings us face to face with another problem."

"Not everybody can be famous but everybody can be great because greatness is determined by service... You only need a heart full of grace and a soul generated by love."

"Forgiveness is not an occasional act; it is a constant attitude."

"If I cannot do great things, I can do small things in a great way."

"We are prone to judge success by the index of our salaries or the size of our automobiles rather than by the quality of our service and relationship to mankind."

"Never, never be afraid to do what's right, especially if the well-being of a person or animal is at stake. Society's punishments are small compared to the wounds we inflict on our soul when we look the other way."

"Our lives begin to end the day we become silent about things that matter."

"Love is the only force capable of transforming an enemy into friend."

"A lie cannot live."

"The quality, not the longevity, of one's life is what is important."

"Lightning makes no sound until it strikes."

"Never succumb to the temptation of bitterness."

"There comes a time when one must take a position that is neither safe nor politic nor popular, but he must take it because his conscience tells him it is right."

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."

"Injustice anywhere is a threat to justice everywhere."

"Only in the darkness can you see the stars."

Parish Financial Activity

Collections – Last Week

Offertory Collections	\$6,360
Monthly Mortgage Assistance	\$3,970
Total (Offertory + Monthly Mortgage Assistance)	\$10,330
Weekly Target (Offertory + Monthly Mortgage Assistance)	\$11,500
Total Collections Compared to Target	↓ -\$1,170

Tithe to help those in need \$636

(St. Agnes tithes 10% of all offertory donations)

The Diocese of Wheeling-Charleston maintains an Office of Safe Environment in accordance with the USCCB's *Charter for the Protection of Children and Young People*. **To Report Suspected Cases of Sexual Abuse of Children:** The Diocese of Wheeling-Charleston encourages reporting to civil authorities first and foremost if a crime has been committed. We also encourage utilizing www.reportbishopabuse.org to make a report about any bishop in the U.S. If you have reason to believe that a bishop has engaged in sexual misconduct, please contact civil authorities in the applicable jurisdiction and visit www.reportbishopabuse.org. **To Report to Civil Authorities:** Contact your local law enforcement; numbers will vary based on your location. If you believe someone is in immediate danger, call 911. To confidentially report any incidence of suspected child abuse or neglect, including sexual abuse, contact the West Virginia Bureau for Children and Families' Child Protective Services by calling the Child Abuse Hotline at 800.352.6513. **To Report to Diocesan Authorities:** In addition to civil authorities, the diocese encourages reporting to the appropriate church authorities. To report suspected cases of sexual abuse of children by personnel of the Diocese of Wheeling-Charleston to the Diocese, contact one of the following designees at 1.888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; or Very Rev. Dennis Schuelkens, Jr., V.E., ext. 270. You may also call the Diocese's Office of Safe Environment at 304.230.1504. In addition to the methods listed above for reporting sexual abuse, the Diocese also has partnered with Navex Global to offer the **EthicsPoint** platform to report other, additional concerns, such as suspected financial, professional, and personal misconduct of a priest, deacon, religious, or lay employee of the Diocese or any Catholic parish or school in West Virginia. The EthicsPoint platform can be accessed via www.dwc.org, under "Accountability", then "Report Misconduct" or by calling 844.723.8381. EthicsPoint is a third-party reporting system that reports to civil authorities where applicable and Diocesan authorities, and the identity of the person reporting is protected.

Dr. Gagan Singh, MD
Dr. David Yeh, MD
The Medical Eye Center
 710 Somerset Blvd, Suite 101
 Charles Town, WV 25414
 New Patients Welcome
 Call for an appointment
 304-725-2121

Office Space Available
 4781 Kearneysville Pike,
 Shepherdstown, WV 25443
 Call: (304)-876-3500
 Or email Kathy Morotti:
klm_pcc@frontier.com
 Potomac
 Crossroads
 Counseling, LLC

CRISIS FOOD HOTLINE



(844) 843-6631

Call if you or a neighbor are experiencing a food emergency

We can help.

www.CatholicCharitiesWV.org



St Leo's Fish Fry Fridays

Fried fish or shrimp dinner with French fries or sweet potato fries, coleslaw, and roll for \$15; combo dinner for \$20. First Friday of each month, beginning September 2nd. Dine in or carry out. Call ahead-304-279-8770. Open 12:00pm-6:00pm. 2109 Sulfur Springs Rd, Inwood WV.

Catholic Radio

The Eastern Panhandle Catholic Community Calendar can be heard on Fridays at 1030am and weekdays at 3:30pm on www.rdo.to/WLOL and at 530am, 1017am & 4:40pm on FM 106.5 and AM 740. And just send your parish and organization programs, events, announcements and prayers, to comcal@LoRadio.org and dedicated volunteers will get them broadcast. For more information on Catholic radio in West Virginia, call 304-598-0026.

Enrollment Dates for St Joe's School

Re-enrollment for the 2023-24 academic year for current students and their siblings who are not attending Saint Joseph School begins Friday, February 3. Enrollment for new families who are active members of area Catholic churches begins Friday, February 10, and all others may start the enrollment process on Friday, February 17. You can apply at sjsvw.org. For more information, email mpartington@sjsvw.org or call the school office at 304-267-6447.

Mary's Refuge Opens Its Doors

Mary's Refuge, a maternity home, welcomed its first guest Jan. 9 in the former convent at 111 E. Stephen St. in Martinsburg. The home has nine bedrooms, a chapel, kitchen, laundry facilities, and rooms for infant care, relaxation and house meetings. Donations of money and/or gift cards to stores where clothing, shoes and coats can be purchased are welcome. Checks to Mary's Refuge, which receives no government money, may be made out to Saint Joseph Catholic Church (Mary's Refuge in the memo line), and mailed to the church at 336 S. Queen St., Martinsburg, WV 25401. Gift cards also may be mailed there. Monetary donations may be made at the Mary's Refuge website (<https://31937.sites.ecatholic.com>). For more information, go to the site or call 304-261-3664.

Together in Holiness Marriage Conference

Together in Holiness Marriage Conference

February 11, 2023

St. Michael Church | Wheeling, WV

Presented by the St. John Paul II Foundation and the Diocese of Wheeling-Charleston.

Registration: \$27/couple and \$18/individual

Early Bird discount available through January 9.

Scholarships available upon request.

On-site childcare (2-12yrs); pre-registration required.

For more information, please visit togetherinholiness.org or email TH@forlifeandfamily.org.

March for Life & Life Fest Friday, January 20, 2023

Anyone planning to attend the March for Life on Friday, January 20, in Washington, DC, might be interested in a new rally. The Sisters of Life and the Knights of Columbus are hosting an all-new morning rally, Life Fest, to be held in conjunction with the 2023 National March for Life in Washington, D.C. Life Fest will be held on January 20, 2023, at the 4,200-seat Entertainment & Sports Arena in Washington D.C. Doors will open at 7:00 a.m. Eastern Time. Life Fest will feature dynamic speakers; music; Holy Mass; and a time of Eucharistic adoration. Visit the website www.lifestest2023.com and feel free to email any questions to lifestest@sistersoflife.org.

 Schmitt Construction Company James A. Schmitt 304-876-2462	Steel House Farm Gerrardstown, WV 304-582-5707 Pasture raised, GMO-Free, Chicken, Eggs, Pork, Beef, and Turkey SteelHouseFarm.com	Scott's AUTO BODY 100% for Excellence Repairing & Painting Insurance Estimates Scott Stewart, Owner 317 N. Mildred St, Ranson 304-728-6111	Shepherdstown PHARMACY  7670 Martinsburg Pike 304-876-9966 The Knott Family	Pill & Pill ATTORNEYS-AT-LAW 304-263-4971 Martinsburg
 Lonely Pentunia Art, LLC Visit my Etsy shop handmade holiday gifts by Marie Chisholm Botsford	Do to others as you would have them do to you. Luke 6:31	 Sharpsburg PHARMACY 17316 Shepherdstown Pike Sharpsburg, MD 21782 800-354-0478/301-432-7223	Two Rivers Counseling adults, teens, children & couples Robyn Harrison-Taft, MA, LPC, NCC www.2riverscounseling.com 304-725-7176	K&B GRAPHICS • Graphic Design and Consulting • Photo Restoration • 35mm Slide/Negative Scanning kfb@myactv.net • 304-279-4690 Kathleen f. Bielicki Graphic Designer/Artist
 Sons of Italy Open to ALL of Italian descent Meetings Last Tuesday of the Month Bob Rizzo 304-676-5687	 BLUE RIDGE GARAGE DOORS, LLC 33 years of Installation & Repair Residential & Commercial 304-728-8408	Ginger's Flowers and Gifts  317 West Race St. Martinsburg WV 25401 304-267-8936 gingersflowersandgifts.com gingersflowersandgifts@gmail.com	Sokel Makeup Incredible Facials Expert Waxing Amazing Make Up Sokel Makeup & Skin Care 123 N. Charles St, Charles Town by Appointment 304-728-8801	
A B ARNOLD & BAILEY ATTORNEYS AT LAW 304 725-2002 WWW.ARNOOLDANDBAILEY.COM S. ANDREW ARNOLD, ESQ.	 MERCEDES PROHASKA REALTOR® (304) 724-2000 x1607 Office (304) 264-1832 Cell (304) 513-1230 Direct Phone + Fax MercedesProhaska@PremierNave.com www.PremierNave.com COLDWELL BANKER PREMIER 116 E. German St., P.O. Box 3328, Shepherdstown, WV Independently owned and operated	I WANT TO SAVE YOU MONEY  Michele Ours Maiden Contact me today to switch 304-876-0822 INSURANCE OUTFITTERS® Locally Inspired Insurance® Since March 3, 1989   7866 Martinsburg Pike, Shepherdstown, WV 25443 • InsuranceOutfitters.com®		
 KNIGHTS OF COLUMBUS IN SERVICE TO ONE. IN SERVICE TO ALL.	St. Agnes KofC 304-876-6436 Join Us!	NEED A NEW INVESTMENT ADVISOR?  Call me today! MISSION:ADVICE Tom Maiden MBA, CFP® 304-870-4200 MissionAdvice.com Mission:Advice LLC (DBA Mission:Advice) is a West Virginia Registered Investment Advisor. 7866 Martinsburg Pike, Shepherdstown, West Virginia 25443		
 Cathy Bowden Travel Affiliated with Avoya Travel Network/American Express Specializing in cruises and tours 800-859-1107 304-267-1068 Cathy.Bowden@AvoyaTravel.com Www.AvoyaTravelExpert/CathyBowden				
 Maple Lawn Services 304-820-9494 Mowing Mulching Patios Lighting Pruning...and much more.	 MMS MENDZELA'S MOWING SERVICE, LLC Mowing - Edging Mulching - Weed Control Fertilizing - Overseeding Aeration - Cleanup Licensed & Insured MendzelasMowing.com 304-270-8093	 Darnell & Company A.C. CERTIFIED PUBLIC ACCOUNTING David E. Darnell 304.725.5712 ddarnell@darnellco.com	Country Roads Designs We make Custom Signs and Plaques 803-331-2565	mindcross InfoTech Services Training, data organization, security, backups, and more Scott & Rosanne Hutton 304.725.2617 training@mindcross.com
 Society of St. Vincent de Paul 106 S. Duke Street Shepherdstown, WV "Caring for the poor" 304.876.6436 STA.SVDP.PREZ@gmail.com		The Law Office of Heather Myers PLLC Estate Planning & Elder Law 299 Rock Cliff Drive Martinsburg, WV 304-263-9099	 TONIC THERAPEUTIC HERB SHOP & ELDER BAR 140 East German St 304-870-4527	